

Wokingham Virutal School Training Offer 2026-27



Autumn Term 1				
Title	Overview	Date and Venue	Booking	Trainer
Designated Teacher Training	For new Designated Teachers and Social Workers. An insight into the role of a Designated Teacher and Social Workers supporting the education of Children in Care and Previous Children in Care and the role of the Virtual School. <i>**This should be completed within 6 months of becoming a DT and updated every 3 years</i>	10/09/2026 3.30-5.00 Online	Booking Link	Amanda Bickerton Virtual School
Stress, Brain Development and Responsive Relationships	By the end of this session, participants will be able to: • Understand how stress, particularly in early childhood, can impact brain development and wellbeing. • Recognise how stress can present through children's physical symptoms, emotions and behaviour. • Understand behaviour as a form of communication and identify signs that may indicate a child is experiencing stress. • Explore the importance of responsive relationships and practical ways to create relational, supportive environments that promote safety, regulation and resilience.	16/09/2026 3.30-5.00 Online	Booking Link	Gemma Howard Charlie Waller Trust
Neurodiversity in the Classroom	This classroom management training equips educators with practical techniques to create effective and positive learning environments.	07/10/2026 3.45 - 4.45 Online	Booking link	Isabel Gregory Anchor Team @ Adopt Thames Valley
Reflective Supervision Twilight	A 45 minute time slot to bring a situation/particular young person or just general feeling to reflect on and discuss in a supervision setting.	13/10/2026, 14/10/2026, 15/10/2026- Various time slots (Online)	amanda.bickerton@wokingham.gov.uk	Amanda Bickerton Virtual School

Autumn Term 2				
Title	Overview	Date and Venue	Booking	Trainer
Designated Teacher/e-PEP Refresher Training	A short training course for new DTs or social workers, or for those who want a refresher on the e-PEP system.	5/11/2026 3.30-4.30 Online	Booking Link	Amanda Bickerton Virtual School
Adoption-Based Practice in Education	Understand how to create an inclusive, sensitive and supportive environment in school, through trauma-aware approaches.	11/11/2026 3.45-4.45 Online	Booking Link	Isabel Gregory Anchor Team
Positive Masculinities and Mental Health	Boys and young men face unique pressures around identity, relationships, emotions, and societal expectations. This engaging webinar explores how traditional ideas about masculinity can influence mental wellbeing, while highlighting the strengths and opportunities offered by positive masculinities. Drawing on current research and practical examples, participants will learn how schools can support boys and young men to develop emotional literacy, healthy relationships, resilience, and supportive peer networks that promote positive mental health.	19/11/2026 3.30-05.00 International Men's Day Online	Booking Link	Andrew Caress Charlie Waller Trust
Reflective Supervision Twilight	A 45 minute time slot to bring a situation/particular young person or just general feeling to reflect on and discuss in a supervision setting.	24/11/2026, 25/11/2026, 26/11/2026 Various tme slots Online	amanda.bickerton@wokingham.gov.uk	Amanda Bickerton Virtual School

Attachment and Trauma in the classroom	Develop and build on understanding of how early experiences affect learning, and how practical trauma-informed strategies can support pupils in the classroom and around school.	27/11/2026 10.00-1.30 In Person - Shute End	Booking Link	Amanda Bickerton Virtual School
Supporting a Child Struggling with Anxiety	By the end of this session, participants will be able to: • Recognise how anxiety can show up through children's thoughts, feelings, physical sensations and behaviours. • Understand the impact anxiety can have on a child's learning, relationships and overall wellbeing. • Develop a range of practical tools and strategies to support children in managing anxiety and building resilience.	9/12/2026 3.30-5.00 Online	Booking Link	Gemma Howard Charlie Waller Trust

Spring Term 1

Title	Overview	Date and Venue	Booking	Trainer
Designated Teacher Training	For new Designated Teachers and Social Workers. An insight into the role of a Designated Teacher and Social Workers supporting the education of Children in Care and Previous Children in Care and the role of the Virtual School. <i>**This should be completed within 6 months of becoming a DT and updated every 3 years</i>	14/01/2027 3.30-5.00 Online	Booking Link	Amanda Bickerton Virtual School
Emotional Based School Avoidance Training (EBSA)	Understand the emotional factors behind school avoidance and practical strategies to support pupils with their learning.	27th January 2027 3.45-4.45 Online	Booking Link	Isabel Gregory Anchor Team
Reflective Supervision Twilight	A 45 minute time slot to bring a situation/particular young person or just general feeling to reflect on and discuss in a supervision setting.	2/02/2027, 3/02/2027, 4/02/2027 Various time slots available	amanda.bickerton@wokingham.gov.uk	Amanda Bickerton Virtual School
Supporting Children's Wellbeing (1 of 2)	By the end of this session, participants will be able to: • Understand the key factors that contribute to positive emotional wellbeing in children and young people. • Recognise how emotional wellbeing can influence children's behaviour, relationships, learning and engagement. • Develop strategies to support children in understanding, expressing and managing their emotions.	10/02/2027 3.30-5.00 Online	Booking Link	Gemma Howard Charlie Waller Trust

Spring Term 2				
Title	Overview	Date and Venue	Booking	Trainer
Self Harm: Understanding and Responding to Self Harm in Young People	Self-harm can be difficult to understand and talk about, leaving many adults worried about saying the wrong thing. This practical and evidence-based webinar will help school staff develop a greater understanding of why young people self-harm, recognise common myths and misconceptions, and build confidence in having supportive conversations. Participants will leave with practical strategies to respond appropriately, reduce stigma, and support young people towards safety and recovery.	25/02/2027 3.30-5.00 Online	Booking Link	Andrew Caress Charlie Waller Trust
Transition Support for Adopted Children Transitioning to Secondary School	Supporting Adopted Children Transitioning to Secondary School This practical workshop will be an opportunity to think about supporting adoptive families during the transition to secondary school. It will briefly explore how attachment and early experiences can impact behaviour and engagement, before focusing on what can you do in practice. The session will offer: • Practical strategies to help families prepare their child for change • Ways in which they can discuss this change • Ideas to support emotional regulation, predictability, and a sense of safety	3/03/2027 3.45-4.45 Online	Booking Link	Isabel Gregory Anchor Team
e-PEP training for Designated Teacher and staff who complete PEPs	A short training course for new DTs or social workers, or for those who want a refresher on the e-PEP system	04/03/2027 3.30-4.30 Online	Booking Link	Amanda Bickerton Virtual School

Supporting Children's Wellbeing (2 of 2)	By the end of this session, participants will be able to: • Understand the key factors that contribute to positive emotional wellbeing in children and young people. • Recognise how emotional wellbeing can influence children's behaviour, relationships, learning and engagement. • Develop strategies to support children in understanding, expressing and managing their emotions.	17/03/2027 3.30-5.00 Online	Booking Link	Gemma Howard Charlie Waller Trust
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Summer Term 1

Title	Overview	Date and Venue	Booking	Trainer
Designated Teacher Training	For new Designated Teachers and Social Workers. An insight into the role of a Designated Teacher and Social Workers supporting the education of Children in Care and Previous Children in Care and the role of the Virtual School. <i>**This should be completed within 6 months of becoming a DT and updated every 3 years</i>	15/04/2027 3.30-5.00 Online	Booking Link	Amanda Bickerton Virtual School
Suicidal Ideation: Understanding and responding to suicidal ideation in young people	Aimed at Secondary staff. Talking about suicide can feel daunting, yet open and compassionate conversations can play a vital role in keeping young people safe. This webinar will explore the factors that can contribute to suicidal thoughts, challenge common myths, and increase confidence in recognising warning signs. School staff will gain practical guidance on how to respond when a young person shares suicidal feelings, how to have supportive conversations, and how to signpost effectively to further help and support.	22/04/2027 3.30-5.00 Online	Booking Link	Andrew Caress Charlie Waller Trust
Reflective Supervision Twilight	A 45 minute time slot to bring a situation/particular young person or just general feeling to reflect on and discuss in a supervision setting.	4/05/2027, 5/05/2027, 6/05/2027 Various time slots Online	amanda.bickerton@wokingham.gov.uk	Amanda Bickerton Virtual School
Making sense of challenging behaviour	Consider, when working with adopted children, how their behaviour may be linked to emotional regulation, and explore practical ways to offer support.	26/05/2027 3.45-4.45 Online	Booking Link	Isabel Gregory Anchor Team

Summer Term 2				
Title	Overview	Date and Venue	Booking	Trainer
e-PEP training for Designated Teacher and staff who complete PEPs	A short training course for new DTs or social workers, or for those who want a refresher on the e-PEP system	10/06/2027 3.30-4.30 Online	Booking Link	Amanda Bickerton Virtual School
Emotion Coaching	By the end of this session, participants will be able to: • Understand the principles and evidence base underpinning Emotion Coaching. • Explore the four communication styles identified by John Gottman and reflect on how these can influence children's emotional development and behaviour. • Recognise behaviour as communication and identify the emotions that may be driving children's behaviour. • Apply practical Emotion Coaching strategies to support emotional regulation, strengthen relationships and promote positive behaviour outcomes.	16/06/2027 3.30-5.00 Online	Booking Link	Gemma Howard Charlie Waller Trust
Positive Masculinities and Mental Health	Boys and young men face unique pressures around identity, relationships, emotions, and societal expectations. This engaging webinar explores how traditional ideas about masculinity can influence mental wellbeing, while highlighting the strengths and opportunities offered by positive masculinities. Drawing on current research and practical examples, participants will learn how schools can support boys and young men to develop emotional literacy, healthy relationships, resilience, and supportive peer networks that promote positive mental health.	24/06/2027 3.30-5.00 Online	Booking Link	Andrew Caress Charlie Waller Trust

Reflective Supervision Twilight	A 45 minute time slot to bring a situation/particular young person or just general feeling to reflect on and discuss in a supervision setting.	26/06/2027, 27/06/2027, 28/06/2027 Various tme slots Online	amanda.bickerton@wokingham.gov.uk	Amanda Bickerton Virtual School
Attachment and Trauma in the classroom	Develop and build on understanding of how early experiences affect learning, and how practical trauma-informed strategies can support pupils in the classroom and around school.	05/07/2027 12.00-3.30 In Person - Shute End	Booking Link	Amanda Bickerton Virtual School
Virtual School Conference	At this event we aim to give updates on OFSTED, statutory guidance, ePEP and available resources as well as invite well-respected and inspirational external speakers on a range of key topics such as: attachment and trauma, anxiety, autism, behaviour management, etc. Previous keynote speakers include Kate Cairns, Luke Rodgers BEM, Ashley John Baptiste and Fatima Whitbread. We welcome suggestions from you as to what training you would like us to offer at these conferences.	TBC by end of Summer Term	VirtualSchool.admin@wokingham.gov.uk	Various

Training can also be completed for whole school staff. If you are looking for specific training, or have a particular area of support that you want to focus on, please let us know and we will work with you and our trainers to put together the most appropriate training package.